FIRST FRIENDS CO-ED SAND VOLLEYBALL RULES

- 1. Every match will consist of 3 games to 25 points, rally scoring. Must win by two. Cap of 27.
- 2. Maximum of six players on court, minimum of 3.
- 3. Teams change side after each game.
- 4. Home team serves first. After first game, losing team serves.
- 5. Team must rotate clockwise on every change of serve.

6. Serve can be over-hand, under-hand, sidearm, or jump. Server can be anywhere behind end line. Server may have one re-serve (ball incorrectly tossed and let dropped or caught), second re-serve will result in side out.

7. Team receiving serve can not attack or block serve. Ball can not be hit above plane of net on serve reception.

8. Any time ball lands on the line it is considered in bounds.

9. A person from back row can come to front row for blocking only.

10. Following are considered faults:

- a. any part of body or clothes touching net (exception hair)
- b. serve touching net
- c. body can cross center line, but if interferes with opponent then it is considered a

fault

- d. contacting ball below waist (deviation from normal rules)
- e. ball coming to rest during contact

f. contacting ball over net before opponents third hit (if impetus of ball is coming over net then ball can be blocked)

- g. catching a ball that has not contacted out-of-bounds object
- h. more than three contacts (block does not count)
- i. purposely obstructing opponents view of serve
- j. any two handed spike
- k. any time two hands are apart contacting ball when bumping
- 1. when ball is served, anyone not inside court boundaries

m. any back row attacker leaving their feet 10 foot from the net (judgment call) and contacting ball above height of net

o. any interference with opponents while they are making an attempt to play the ball

COMMON COURTESY RULES

- 1. Always roll the volleyball.
- 2. Always shake the opponents hand after a game.
- 3. Never argue with the referee.