

Winter 2019 Bridges Gym Class

Can anyone sign up, just for the gym class, and not be a part of anything else?

Yes, they can sign up just for gym. Bridges operates like a small college - students and their parents pick and choose the classes they want to take. Each class is tuition based. Gym class is \$105 per semester. Students would be signing up for the last semester of the school year. (January 21-May 6, 2019) Registration and payment due by Jan 7, 2019.

Gym class description and Instructor Bio:

Gym class covers the PE requirement for homeschooling regulations. Here is a description of the class:

The class will focus on increasing endurance, strength, flexibility, cardio, and body composition while playing games and learning about personal fitness. Activities will include soccer, relay races, circuit course, kickball, volleyball, softball, and ultimate frisbee, with an emphasis on learning the proper rules and playing as a team. Along the way, we will learn to recognize health-related problems that are associated with the improper use of exercise.

Instructor Bio from the Bridges website:

Erica Fill received a Bachelor of Science in Art Education from Bowling Green State University for grades K-12. Mrs. Fill taught art for three years at Waterloo Local Schools. She enjoys learning about health and fitness and is constantly looking for ways to improve the health of her family. She and her husband Dan have two girls and have been homeschooling them for 11 years. This is her fourth year being a part of the Bridges Co-op. *Mrs. Fill will be teaching Physical Education.*

If class is cancelled, how are participants notified?

If Plain Local calls for a snow day, all classes will be cancelled. The instructor will email parents as well, to make sure they know.

How do I register?

You can register by filling out the provided form and submitting your payment either by mail to Kris Crock at the address on the flyer, or drop it off during school hours on Mondays at First Friends Church, 5455 Market Ave. N, Canton, OH 44714. Bridges classes are in the C.E. Wing of First Friends Church from 8:30-2:45 on Mondays. (Christmas break December 17, 24 & 31) Registrations and payment will be due by January 7th. Payments can be turned in anytime in person during Bridges school hours on Mondays at First Friends Church from now through December 10 or on January 7th.

How do people find out more information about it, or if they have questions?

Please email: cantonbridges@gmail.com or check the website: cantonbridges.com